

Grade 7 Girls Triple Ball Schedule 2024

Game Locations:

CMS: x2 courts
MMS: x1 court
NMS: x2 courts
SMS: x2 courts

Triple Ball: encourages rallies and the use of 3 touches

1st Serve, Toss
 Toss, Serve, Toss
 Toss, Serve, Toss... repeat until 25 points is reached
 Players rotate onto the court in position 6 where the toss is intended
 Intentional 1st touch over on tosses will be re-tossed

		Week 1		Oct 1						
Host/Court:		SMS Near				SMS Far				(off)
5:30	CMS Navy	vs	SMS Red	MMS Gold	vs	MMS Blue			-	
6:30	MMS Blue	vs	SMS Red	CMS Navy	vs	MMS Gold			-	
7:30	SMS Red	vs	MMS Gold	MMS Blue	vs	CMS Navy			-	
Host/Court:		NMS Near				NMS Far				(off)
5:30	NMS Black	vs	NMS Red	CMS Orange	vs	SMS Black			-	
6:30	NMS Red	vs	CMS Orange	SMS Black	vs	NMS Black			-	
7:30	SMS Black	vs	NMS Red	NMS Black	vs	CMS Orange			-	
		Week 2		Oct 8						
Host/Court:		CMS Near				CMS Far				(off)
5:30	NMS Black	vs	CMS Navy	CMS Orange	vs	MMS Gold		SMS Red		
6:30	SMS Red	vs	CMS Orange	MMS Gold	vs	NMS Black		CMS Navy		
7:30	SMS Red	vs	NMS Black	CMS Navy	vs	CMS Orange		MMS Gold		
Host/Court:		MMS								(off)
5:30	MMS Blue	vs	SMS Black						-	
6:30	SMS Black	vs	NMS Red						-	
7:30	MMS Blue	vs	NMS Red						-	
		Week 3		Oct 15						
Host/Court:		NMS Near				NMS Far				(off)
5:30	CMS Orange	vs	MMS Gold	NMS Black	vs	MMS Blue			-	
6:30	CMS Orange	vs	MMS Blue	MMS Gold	vs	NMS Black			-	
7:30	NMS Black	vs	CMS Orange	MMS Gold	vs	MMS Blue			-	
Host/Court:		SMS Near				SMS Near				(off)
5:30	NMS Red	vs	SMS Red	SMS Black	vs	CMS Navy			-	
6:30	CMS Navy	vs	NMS Red	SMS Black	vs	SMS Red			-	
7:30	SMS Black	vs	NMS Red	CMS Navy	vs	SMS Red			-	
		Week 4		Oct 22						
Host/Court:		CMS Near				CMS Far				(off)
5:30	SMS Red	vs	CMS Orange	MMS Blue	vs	SMS Black		NMS Black		

6:30	SMS Red	vs	NMS Black	CMS Orange	vs	MMS Blue	SMS Black
7:30	NMS Black	vs	MMS Blue	SMS Black	vs	SMS Red	CMS Orange
Host/Court:	MMS						(off)
5:30	CMS Navy	vs	MMS Gold				-
6:30	CMS Navy	vs	NMS Red				-
7:30	NMS Red	vs	MMS Gold				-
Week 5 Oct 29							
Host/Court:	SMS Near			SMS Far			(off)
5:30	MMS Blue	vs	CMS Navy	MMS Gold	vs	SMS Black	SMS Red
6:30	CMS Navy	vs	SMS Black	MMS Blue	vs	SMS Red	MMS Gold
7:30	MMS Gold	vs	SMS Black	CMS Navy	vs	SMS Red	MMS Blue
Host/Court:	NMS						(off)
5:30	NMS Black	vs	NMS Red				-
6:30	NMS Red	vs	CMS Orange				-
7:30	NMS Black	vs	CMS Orange				-
Week 6 Nov 5							
Host/Court:	CMS Near			CMS Far			(off)
5:30	CMS Navy	vs	CMS Orange	MMS Blue	vs	SMS Black	NMS Black
6:30	CMS Orange	vs	SMS Black	NMS Black	vs	CMS Navy	MMS Blue
7:30	CMS Orange	vs	MMS Blue	SMS Black	vs	NMS Black	CMS Navy
Host/Court:	MMS						(off)
5:30	SMS Red	vs	MMS Gold				-
6:30	NMS Red	vs	SMS Red				-
7:30	NMS Red	vs	MMS Gold				-
Teams:	CMS Navy	NMS Black					
	CMS Orange	NMS Red					
	MMS Blue	SMS Black					
	MMS Gold	SMS Red					
School Hosts:	CMS	Clearspring Middle School (Steinbach)					
	MMS	Mitchell Middle School (Mitchell)					
	NMS	Niverville Middle School (Niverville)					
	SMS	Stonybrook Middle School (Steinbach)					