# STONYBROOK MIDDLE SCHOOL CONSENT FORM

Stonybrook Middle School is arranging a student skiing/snowboarding trip to Springhill Winter Park. A signed form is required for all students who wish to participate in this outdoor recreation and education program. It must be completed by the parent or guardian of a student under 18 years of age, or the student him or herself, if 18 years of age or older.

# Acknowledgement of Inherent Risk

Skiing and snowboarding are physically demanding sports with inherent risks which are beyond the control of Springhill Winter Park and Hanover School Division. Falls, collisions and other incidents may occur and cause injury. Skiing/snowboarding equipment is designed to minimize such risks, but it does not eliminate them. Skiiers and snowboarders assume these inherent risks and dangers.

## Alpine Responsibility Code

The Alpine Responsibility Code (attached) was developed by the Canada West Ski Areas Association and the National Ski Areas Association. The Alpine Responsibility Code is being followed by Hanover School Division. All skiers/snowboarders must know and obey it. Skiers/boarders must always be in control. Springhill Winter Park may revoke a lift ticket for violation of the code or other unacceptable conduct.

# **Skills Classification**

The skill levels of all skiers/snowboarders are assessed as one of novice, beginner, intermediate, or advanced. A description of each of these levels is attached. On the basis of these descriptions, categorize your child's skill level as:

	Novice	Beginner	Intermediate	Advanced
Skiier:				
Snowboarder:				
snow education pro acknowledge that (a	gram to be held a) we have read a, to the best of	d at Springhill Wir I and understood our knowledge, c	nter Park on Febro all warnings cont	to participate in the uary 15 <sup>th</sup> , 2019. Further, we ained herein; (b) any information urate; and (c) we agree to adhere
Signature of Student	::			
Signature of Parent/ (if student is under 1		:		-

This information may be duplicated and shared with Springhill Winter Park

#### Skier/snowboarder classification

All students must be classified according to the following plan. These stages are consistent with the operations of all C.W.S.A.A. and N.S.A.A. Resorts in North America. The classifications must appear on the Parent Consent Form and be checked off by the parents. Parents should understand that these classifications will be verified by a professional skier/snowboarder prior to the student skiing/boarding.

**Novice:** The student has never skied/boarded before.

**Beginner:** The student has skied/boarded a few times before and has experienced and maintained control on a number of novice hills. He/she can stop and turn with some success. This classification is indicated by a green circle.

**Intermediate:** The student has skied/boarded on many occasions and has experienced a variety of hills and different ski/board areas. He/she can turn and stop under control using recognized formal techniques. This classification is indicated by a blue square.

**Advanced:** The student is an experienced and competent skier/boarder. He/she has received formal instruction, knows and understands the Alpine Responsibility Code and can demonstrate ability at an advanced level. Such students can be called upon to assist in the program. This classification is indicated by a black diamond.

**Freestyle terrain:** Freestyle terrain may contain jumps, hits, ramps, embankments, fun boxes, jibs, rails, half pipes, quarter pipes, snow cross, freestyle bump terrain and other constructed or natural terrain features. Freestyle skill involves maintaining control on the grand and in the air. Only students with an advanced rating will be allowed to use Terrain Parks or Halfpipes. This classification is shown by an orange oval, which indicated "Varied Freestyle Terrain."

Under no circumstances will a student be given an upgrade to the next level without an evaluation by and approval from a qualified instructor.

# Responsibility Codes: Alpine and Cross Country

## **Alpine Responsibility Code**

- 1. Always stay in control. You must be able to stop, or avoid other people or objects.
- 2. People ahead of you have the right-of-way. It is your responsibility to avoid them.
- 3. Do not stop where you obstruct a trail or are not visible from above.
- 4. Before starting downhill or merging onto a trail, look uphill and yield to others.
- 5. If you are involved in or witness a collision or accident, you must remain at the scene and identify yourself to the Ski Patrol.
- Always use proper devices to help prevent runaway equipment.
- 7. Observe and obey all posted signs and warnings.
- 8. Keep off closed trails and closed areas.
- 9. You must not use lifts or terrain if your ability is impaired through use of alcohol or drugs.
- 10. You must have sufficient physical dexterity, ability and knowledge to safely load, ride and unload lifts. If in doubt, ask the lift attendance.

Know the Code. Be safety conscious. It is your responsibility.

## **Cross Country Responsibility Code**

- 1. Always check posted trail conditions.
- 2. Ski in indicated direction and obey all posted signs and warnings. Keep off closed trails.
- 3. Always ski to right when meeting on-coming skiers and when skiing on double track.
- 4. Yield the track to faster skiers and skiers calling 'track'.
- 5. Ski in control. On two-way trails descending skiers have right-of-way.
- 6. Do not stop where you obstruct a trail or are not visible to others. Move off the track quickly if you fall or during rest stops.
- Do not litter. Take out what you pack in. Respect all property.
  - 8. Report any incidents or concerns to staff.

Know the Code. Be safety conscious. It is your responsibility.